

# Benadryl<sup>®</sup>

Allergy

## LIQUID RELEASE 10 mg CAPSULES

Cetirizine dihydrochloride

- This medicine is used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies and skin reactions.
- This medicine is for use by adults and children aged 12 years and over.
- A doctor must be contacted if symptoms worsen or do not improve after 3 days.

Read the leaflet carefully before use. Keep this leaflet, you might need it again.

### 1 What the medicine is for

Benadryl Allergy Liquid Release 10 mg Capsules are a medicine which is used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies. The capsules contain 10 mg cetirizine dihydrochloride which is an antihistamine that helps relieve allergy symptoms such as sneezing, runny nose and watery eyes. It can also be used to treat allergic skin reactions. These include urticaria, also known as hives, where the skin looks blotchy, with white raised wheals (bumps) surrounded by redness. This medicine is for use in adults and children aged 12 years and over.

### 2 Before taking this medicine

This medicine is suitable for most adults and children aged 12 years and over, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

#### ⚠ If you forget to take the medicine

If you forget to take a dose, take the next dose when needed provided that you only take a maximum of 1 capsule in 24 hours. **Do not** take a double dose.

### 4 Possible side-effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience any of the following, stop taking this medicine and seek immediate medical help:

- Sudden signs of allergy such as rash, itching or hives on the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or trouble breathing.
- Bruising or bleeding more easily than normal.
- Convulsions (fits)

If you experience any of the following, stop taking this medicine and talk to your doctor:

- Confusion
- Hallucinations
- Abnormal liver function tests
- Rapid heartbeat
- Loss of consciousness

Other effects which may occur include:

**Common: affects 1 to 10 users in 100**

- Headache or dizziness
- Drowsiness or tiredness
- Restlessness
- Dry mouth, sore throat
- Upset stomach, abdominal pain, diarrhoea, nausea
- Runny nose

**Uncommon: affects 1 to 10 users in 1,000**

- Agitation
- Weakness
- Feeling of general discomfort or uneasiness
- Pins & needles
- Itching

#### ⊗ Do not take this medicine...

- If you have ever had a **bad reaction** to cetirizine dihydrochloride, to hydroxyzine or piperazine derivatives or any other ingredients of this medicine (See section 6).
- If you have moderate or serious **kidney problems**.

Benadryl Allergy Liquid Release 10 mg Capsules contain soya oil. If you are allergic to **peanut or soya**, do not use this medicinal product.

#### ⚠ Talk to your doctor or pharmacist...

- If you are an **epileptic** or at **risk of convulsions (fits)**.

If this applies to you, **talk to a doctor or pharmacist**.

#### ⚠ Warnings and precautions

If you are a patient with renal insufficiency, please ask your doctor for advice; if necessary, you will take a lower dose. The new dose will be determined by your doctor. If you have difficulty passing urine, you should ask your doctor for advice.

#### ⚠ If you are pregnant or breast-feeding

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
- You should not take Benadryl Allergy Liquid Release 10 mg Capsules during breast feeding because cetirizine passes into breast milk.

#### ⚠ Special warnings about this medicine

- In most people this product does not cause drowsiness. However, there are rare exceptions and you should take care when you use this product for the first time. If this product makes you feel drowsy, do not drive or operate machinery.

- Rash or hives
- Abdominal pain

**Rarely: affects 1 to 10 users in 10,000**

- Aggression, depression
- Weight gain
- Swelling
- Dystonia/dyskinesia (movement disorders) including tremor, muscle spasm and tics
- Sleeplessness

**Very rarely: affects less than 1 user in 10,000**

- Taste disorder
- Blurred vision, eye movement disorder
- Involuntary movement and/jerking of the limbs, muscle spasms in the neck and shoulders
- Difficult, painful or involuntary urination

**Not known**

- Vertigo, increased appetite
- Amnesia, memory impairment

In very rare cases people have thought about committing suicide and if you feel this way then stop taking the capsules and see your doctor.

#### Reporting of side effects

If you get any side effects, **talk to your doctor, pharmacist or nurse**. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard); Alternatively you can call Freephone 0800 100 3352 (available between 10am-2pm Monday – Friday) or fill in a paper form available from your local pharmacy. By reporting side effects you can help provide more information on the safety of this medicine

### 5 Storing this medicine

Keep this medicine out of the sight and reach of children.

Store below 30°C.

- As with all antihistamines, it is advisable to avoid excessive alcohol consumption when taking this medicine.
- You should stop taking this product for 3 days before undergoing a skin allergy test because antihistamines can affect the results of the test.

This product contains sorbitol. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

### 3 How to take this medicine

- For oral use only.
- Swallow with a glass of water.
- Do not take more than the stated dose shown in the table.

#### ⓘ Children under 12 years old

This medicine is not recommended for children aged under 12 years old.

#### ⓘ Adults and children aged 12 years and above

Age	Dose
Adults and children aged 12 years and above	Take 1 capsule once a day.

- Do not take more than 1 capsule in 24 hours.
- **Do not chew the capsule.**
- If symptoms persist talk to your doctor.

#### ⚠ If anyone has too much

If anyone has too much contact a doctor or your nearest Accident and Emergency department (Casualty) taking this leaflet and pack with you.

Do not use this medicine after the expiry date stated on the carton and blister.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6 Further Information

What's in this medicine?

The active ingredient in Benadryl Allergy Liquid Release 10 mg Capsules is: 10mg Cetirizine dihydrochloride in each capsule.

Other ingredients are:

Macrogol, potassium hydroxide 43% w/w, povidone and purified water.

**Gelatin capsule:** Gelatin, sorbitol (E420), glycerol, purified water, lecithin and medium chain triglycerides.

**Printing ink:** Propylene glycol, black iron oxide (E172), polyvinyl acetate phthalate, macrogol and ammonium hydroxide.

What the medicine looks like and contents of the pack

Benadryl Allergy Liquid Release 10 mg Capsules are colourless to slightly yellow, clear capsules containing a clear, colourless viscous fill. Each soft gel capsule has the logo C10 printed in black ink. They are available in packs of 7 capsules.

**Product licence holder and manufacturer:**

McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

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